Anthem

Skip the pharmacy with home delivery

Have your long-term medications sent to your home with CarelonRx Pharmacy

Your health plan is giving you greater control over your pharmacy benefits. Choose from these flexible options:

- Get a 90-day supply with home delivery from CarelonRx Pharmacy.
- Opt-in for 90-day supplies from a CVS pharmacy.
- Collect your prescriptions at your local pharmacy.

You can fill your prescriptions twice at your local pharmacy (the first fill and a refill). After that, reach out to us with your choice between CarelonRx Pharmacy or the CVS option to keep your benefits. If you stay with your local pharmacy, you'll be responsible for the full cost of your medication.

With home delivery, you can count on:

Convenience. Medications are delivered to your home or a preferred location.

Management. Use the **Sydney℠ Health** app or our website to track orders and set reminders.

- Enroll in auto refills so you don't need to remember to reorder. We'll contact your doctor to renew your prescriptions before they expire.

Savings. Costs may be lower with 90-day supplies, and standard shipping is free.

Peace of mind. Stay on track with your prescriptions and access 24/7 pharmacist support.

Start home delivery now

1. Log in to **anthem.com** or the **Sydney℠ Health** app. You can scan the QR code with your phone's camera and register your member account if you haven't already.
2. Go to the *Prescriptions* home page.
3. To transfer an existing prescription to home delivery, select *View Prescriptions*. For a new prescription, select *Request a New Home Delivery Prescription.*

We're here to help

If you have questions, you can reach out to us with the **Sydney Health** app, or you can call the CarelonRx Pharmacy Contact Center at **833-396-0309**.

* National Library of Medicine, National Center for Biotechnology: *A Retrospective Database Study Comparing Diabetes-Related Medication Adherence and Health Outcomes for Mail-Order Versus Community Pharmacy* (March 2019): ncbi.nlm.nih.gov.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.
Services provided by CarelonRx, Inc. CarelonRx is an independent company providing pharmacy benefit management services on behalf of your health plan.
Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to anthem.com/co/networkaccess. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out of network benefits in POS policies offered by Compcare Health Services Insurance Corporation (Compcare) or Wisconsin Collaborative Insurance Corporation (WCIC). Compcare underwrites or administers HMO or POS policies; WCIC underwrites or administers Well Priority HMO or POS policies. Independent licensees of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

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