

## Anthem Student Advantage

Helping keep you at your personal best



## **University of Toledo** Student Health Insurance Plan

studentsatanthem.com

Anthem. 😨 🗑 | STUDENT ADVANTAGE



## Benefits at a glance

This is a brief description of your student health plan underwritten by Anthem Blue Cross and Blue Shield. If you would like more details about your coverage and costs, you can find the complete terms in the policy or plan document online at **www.studentsatanthem.com**.

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## Welcome to Anthem Student Advantage

As the new semester begins, we want to help you be confident knowing you have the health coverage that's right for you. This booklet will help explain what's covered under the Anthem Student Advantage plan, how much it costs, and the best ways to access care.

## **Anthem Student Advantage 101**



## Who is eligible?

You will automatically be enrolled in Anthem Student Advantage if:

• You are domestic student taking 6 or more credit hours and all international students taking 1 or more credit hours, unless proof of comparable coverage is provided.

The following student groups are also eligible to enroll:

• Degree seeking domestic students taking less than 6 credit hours are eligible to enroll on the plan.



## Coverage is available for dependents, too

If you are covered by Anthem Student Advantage through University of Toledo, you may enroll your spouse, domestic partner, or dependent children under the age of 26.

Here is how it works:

- Log onto the myUT portal at myut.utoledo.edu/
- In your toolkit, go to "My Registration Steps"
- Choose the Student Health Insurance – Enroll or Waive link

## **Coverage periods** and rates



## Costs and dates of coverage

Coverage will become effective at 12:01 a.m., and will end at 11:59 p.m. on the dates shown below.

Period	Fall 8/11/2023 - 12/31/2023	Spring/Summer 1/1/2024 - 8/10/2024	Summer 5/16/2024 - 8/10/2024
Student Only	\$897.00	\$1,398.00	\$545.00
Spouse/ Domestic Partner	\$897.00	\$1,398.00	\$545.00
Each Child	\$897.00	\$1,398.00	\$545.00
Two or More Dependents	\$1,793.00	\$2,797.00	\$1,091.00



## **Dates to remember**



## **Waiver deadlines**

- Fall: 9/12/2023
- **Spring:** 1/30/2024
- Summer: 7/1/2024

If you have questions about enrollment and waiver options, visit **www.universityhealthplans.com/toledo** or call **800-437-6448**.

# Keep in touch with your benefits information



## **Student Health Center**

1735 West Rocket Drive MS #512 Toledo, OH 43606 419-530-2426 **www.utoledo.edu/studentaffairs/ counseling/** Monday through Friday: 8:15 a.m. to 5:00 p.m. Screenings, Individual, Couples, and Group Counseling/Psychotherapy, Psychoeducational Workshops, Consultations, Crisis Intervention, Online Screenings



## **Student Health Center**

Family Practice Center 3333 Glendale Ave. Toledo, OH 43614 419-383-5555

## **Convenient access** to care

Access the care you need, when you need it, and in the way that works best for you.

## **Sydney Health app**

With the **Sydney<sup>SM</sup> Health** mobile app through Anthem Student Advantage, you have instant access to

- Your member ID card.
- Your school has opted for a digital ID card. Your digital ID card is available on anthem.com or the Sydney Health mobile app when you register with your student ID number on or after your plan effective date. Print a copy of your card anytime or show it to your doctor from your smartphone. If you prefer to have a hard copy of your ID Card, you can call our Customer Service Department at 844-412-0752 and request a hard copy of your ID card on or after your plan effective date.
- The Find Care tool.
- Information about your plan benefits.
- Health tips that are tailored to you.
- LiveHealth Online and 24/7 NurseLine.
- Student support specialists (through click-to-chat or by phone).

## Access the Sydney Health app

Go to the App Store<sup>sM</sup> or Google Play<sup>™</sup> and search for the **Sydney Health** app to download it today.

## LiveHealth Online

From your mobile device or computer with a webcam, you can use LiveHealth Online to visit with a board-certified doctor, psychiatrist, or licensed therapist through live video.\* To sign up, go to the **Sydney Health** app or **livehealthonline.com**. You can also download the LiveHealth Online app.



## 24/7 NurseLine

Call **844-545-1429** to speak to a registered nurse who can help you with health issues such as flu and cold symptoms and minor allergic reactions. Nurses can also help you:

- Find where to go for care.
- Enroll in health management programs if you have specific health conditions.
- Remember to schedule screenings and exams.

## Find care

Use **anthem.com/find-care** to find the right doctor or facility close to where you are.

.com	

## Anthem Student Advantage University of Toledo website

Visit **studentsatanthem.com** to see your health plan information, including benefits, claims, and covered medicines.

## Your plan details

## Anthem Blue Cross and Blue Shield

Student Health Insurance Plan: University of Toledo

Your network: Blue Access PPO

Understanding how your plan works and what your out-of-pocket costs will be can help you choose the best fit for your needs and budget. Here are details about your plan.

## **Plan Overview**

	Cost if you use UTMC, UTP	Cost if you use an In-Network Provider	Cost if you use a Non-Network Provider
Overall Deductible	\$0 per covered person	\$1,500 per covered person \$	\$3,000 per covered person
Out-Of-Pocket Max	\$5,000 student / \$10,000 family	\$5,000 student / \$10,000 family	\$5,000 student / \$10,000 family
Preventative care/ screening/ immunization	No charge	No charge	50% coinsurance after deductible is met
Primary Care visit to treat an injury or illness	20% coinsurance	\$10 copay per visit; 30% coinsurance after deductible	\$15 copay per visit; 40% coinsurance after deductible
Specialist care visit	20% coinsurance	\$20 copay per visit; 30% coinsurance after deductible	\$30 copay per visit; 40% coinsurance after deductible
Urgent Care	20% coinsurance	\$30 copay per visit; 30% coinsurance after deductible	\$45 copay per visit; 40% coinsurance after deductible
Emergency Room Facility Services - waived if admitted	\$250 copay per visit	\$250 copay per visit	Covered as In-Network

**Review your complete Summary of Benefits.** 

## Benefits that go with you

You can count on medical coverage anywhere worldwide with GeoBlue.<sup>1</sup> Access international doctors by phone or video, and use our 24/7 help center for emergency health questions.

Visit geobluestudents.com to learn more.					
Your GeoBlue benefits for the 2023-2024 school year Use of benefits must be coordinated and approved by GeoBlue.					
International telemedicine services <sup>2</sup>					
Global TeleMD™	Confidential access to international doctors by phone or video call.				
Coverage outside of the U.S., excluding students home country.					
Medical expenses	Maximum benefit up to \$250,000 each coverage year, no deductibles or copays. Consult coverage certificate for benefit limitations and exclusions. <sup>3</sup>				
Coverage worldwide, except within 100 miles of primary residence for U.S. students. Coverage worldwide, excluding home country for international students.					
Emergency medical evacuation	Unlimited				
Repatriation of remains	Unlimited				
Emergency family travel arrangements	Maximum benefit up to \$5,000 each coverage year				
Political emergency and natural disaster evacuation (Available only when traveling outside the United States) <sup>4</sup>	Covered 100% up to \$100,000 each person. Subject to a combined \$5,000,000 limit for each covered event for all people covered under the plan.				
Accidental death and dismemberment	Maximum benefit up to \$10,000 each coverage year>>				

## GeoBlue 💩

1 GeoBlue is the trade name of Worldwide Insurance Services, LLC (Worldwide Services Insurance Agency, LLC in California and New York), an independent licensee of the Blue Cross and Blue Shield Association. GeoBlue is the administrator of coverage provided under insurance policies issued by 4 Ever Life International Limited, Bermuda, an independent licensee of the Blue Cross Blue Shield Association. Coverage is not available in all states. Some restrictions apply.

2 Telemedicine services are provided by Teladoc Health, directly to members. GeoBlue assumes no liability and accepts no responsibility for information provided by Teladoc Health and the performance of the services by Teladoc Health. Support and information provided through this service does not confirm that any related treatment or additional support is covered under a member's health plan.

3 These medical expenses are limited and are subject to limitations and exclusions. See full certificate of insurance for a full description of services and coverage of what is and isn't covered.

4 The Political, Military and Natural Disaster Evacuation Services (PEND) are provided through Crisis24, an independent third party, non-affiliated service provider, Crisis24 does not supply Blue Cross or Blue Shield products or other benefits, and is therefore solely responsible for PEND and other collateral services it provides. GeoBlue makes no warranty, express or implied, and accepts no responsibility resulting from the provision or use of Crisis24 PEND or other Crisis24 services.

## Designed with you in mind

Offering you healthy support and convenient benefits to help you stay focused on your education and your future.

## Access help in your language

If you have questions about this document, you have the right to help and information in your language at no cost. To talk to an interpreter, call **855-330-1098**.

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card. (TTY/TDD: 711)

## Arabic

ت المدخ مؤرب لصرت الزاجم لتستغلب تدع اسمل او ت المول عمل الذه ي ل ع لو صرح ل الحل ق حي تدع اسمل لك تص الحما ( TTY/TDD: 711 ) فسي رعت ل تق اطب عل ع دوجو ما ا عاض ع ال

## Armenian

Դուք իրավունք ունեք Ձեր լեզվով անվձար ստանալ այս տեղեկատվությունը և ցանկացած օգնություն։ Օգնություն ստանալու համար զանգահարեք Անդամսերի սպասարկման կենտրոն՝ Ձեր ID քարտի վրա նշված համարով։ (TTY/TDD: 711)

## Chinese

您有權使用您的語言免費獲得該資訊和協助。請撥打您的 ID 卡上的成員服務號碼尋求協助。(TTY/TDD: 711)

## French

Vous avez le droit d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux membres qui figure sur votre carte d'identification. (TTY/TDD: 711)

### Haitian

Ou gen dwa pou resevwa enfòmasyon sa a ak asistans nan lang ou pou gratis. Rele nimewo Manm Sèvis la ki sou kat idantifikasyon ou a pou jwenn èd. (TTY/TDD: 711)

## Italian

Ha il diritto di ricevere queste informazioni ed eventuale assistenza nella sua lingua senza alcun costo aggiuntivo. Per assistenza, chiami il numero dedicato ai Servizi per i membri riportato sul suo libretto. (TTY/TDD: 711)

## Japanese

この情報と支援を希望する言語で無料で受けることができます。支援を 受けるには、IDカードに記載されているメンバーサービス番号に電話し てください。(TTY/TDD: 711)

## Korean

귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가 있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로 전화하십시오. (TTY/TDD: 711)

## Navajo

Bee n1 ahoot'i' t'11 ni nizaad k'ehj7 n7k1 a'doowo[ t'11 j77k'e. Naaltsoos bee atah n7l7n7g77 bee n44ho'd0lzingo nanitin7g77 b44sh bee hane'7 bik11' 1aj8' hod77lnih. Naaltsoos bee atah n7l7n7g77 bee n44ho'd0lzingo nanitin7g77 b44sh bee hane'7 bik11' 1aj8' hod77lnih. (TTY/TDD: 711)

## Polish

Masz prawo do bezpłatnego otrzymania niniejszych informacji oraz uzyskania pomocy w swoim języku. W tym celu skontaktuj się z Działem Obsługi Klienta pod numerem telefonu podanym na karcie identyfikacyjnej. (TTY/TDD: 711)

## Punjabi

ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਾੱਚ ਇਹ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਮੁਫ਼ਤ ਵਾੱਚਿ ਪ੍ਰਰਾਪਤ ਕਰਨ ਦਾ ਅਧਕਾਿਰ ਹੈ। ਮਦਦ ਲਈ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਉੱਤੇ ਮੈਂਬਰ ਸਰਵਸਿਜ਼ਿ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। (TTY/TDD: 711)

## Russian

Вы имеете право получить данную информацию и помощь на вашем языке бесплатно. Для получения помощи звоните в отдел обслуживания участников по номеру, указанному на вашей идентификационной карте. (TTY/TDD: 711)

## Spanish

Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda. (TTY/TDD: 711)

## Tagalog

May karapatan kayong makakuha ang impormasyon at tulong na ito sa ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

## Vietnamese

Quý vị có quyền nhận miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để được giúp đỡ. (TTY/TDD: 711)

## It is important we treat you fairly

That is why we follow federal civil rights laws in our health programs and activities. We do not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language is not English, we offer free language assistance services through interpreters and other written languages. If you are interested in these services, call the Customer Service number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1- 800-537-7697) or online at https://ocrportal.hhs.gov/ocr/oprtal/lobby.jsf. Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

## If you have questions, we're here to help.

Call **1-844-412-0752** or visit us at **studentsatanthem.com** 





Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available onrequest from member services or can be obtained by going to anthem.com/co/networkaccess. In Connecticut: Anthem Health Plans, Inc. In Ecorgia: Blue Cross Blue Shield Healthcare Plan of Beorgia, Inc. In Indiana: Anthem Incara Charmen Realth Plans of Mane, Inc. In Messouri, Inc. RT and certain affiliates antihister normance Companies, Inc. I. Kentucky, Anthem Health Plans of Mane, Inc. In Messouri, Carl Mane, Inc. In Messouri, Carl Mare, Inc. In Messouri, Carl Mare, Inc. In Messouri, Carl Mane, Minister Normance Companies, Inc. Stratucky, Anthem Health Plans of Mane, Anthem Health Plans of Mane, Inc. In Messouri, Carl Mane, Inc. In Messouri, Carl Mare, Inc. In Messouri, Carl Mare, Inc. In Messouri, Carl Mane, Inc. In Messouri, Carl Mane, Mane, Anthem Inc. RT and certain affiliates and medicical Service, Inc. and underwritten by HMMO Colorado, Inc., doa HMO Nevada. In New Hampshire, Anthem Health Plans of Mane, Inc. In Dinic Community Insurance Company, In Vignia: Anthem Health Plans of Vignia, and the service area is all of Vignia accept to the City of Fairfax, the Town of Vienna, and the area east of State Route 122.1. Missoursin: Blue Conse Blue Stiel of Wissouria (Carl Carl Westowing) Collaborative Insurance Company. In Vignia: Anthem Health Plans of the Blue Conses and Blue Stiel of Messon Carl Mane, Enter Plans of Westowing Collaborative Insurance Company. In Vignia: Anthem Health Plans of Theme Health Plans of Vignia: and the area east of State Route 122.1. Missoursin: Blue Conse Blue Stiel of Wissouria (Carl Carl Westowing) Collaborative Insurance Companion (Compace) events the visco of the Blue Conses and Blue Stiel of Mesonin Compace event Viscowing Collaborative Insurance Companion (WCIC). Compare underwritters or Manter Health Plans of Meson Plans of Meson Insure Realth Plans of Wesc